

Resultado: Geral & Faixa Etária - 10 KM - Todos

Categoria	Cl. Cat	Num.	Atleta	Idd	Clube	Cl. Ger	Tempo	Líquido	Ritmo
Geral Masculino - 10 KM									
GERALM	GER	163	ANDRE RODRIGUES	27	PERCURSO	1	00:33:12	00:33:10	03:19
GERALM	GER	162	ABISSAI RICCI	22	PERCURSO	2	00:33:29	00:33:26	03:20
GERALM	GER	213	LUIZ FELIPE SAMUEL FERREIRA	22	EXPRESSO	3	00:35:07	00:35:05	03:30
Geral Feminino - 10 KM									
GERALF	GER	142	ROSINHA CONCEIÇÃO	40	ADAC	1	00:45:48	00:45:46	04:34
GERALF	GER	400	VALQUIRIA APARECIDA DE OLIVEIRA	35		2	00:48:02	00:47:59	00:00
GERALF	GER	207	MICHELE NAKAZATO	39	KAMIKAZE	3	00:50:14	00:49:53	04:59
Masculino de 16 até 29 anos									
M1629	1	53	CLIDERSON MARQUES	22	ADACCG	7	00:37:38	00:37:36	03:45
M1629	2	82	WILBER SANTOS BARROS FILHO	23		9	00:38:32	00:37:42	03:46
M1629	3	81	MARCO BRITO	18		15	00:41:48	00:41:35	04:09
M1629	4	99	AGNALDO MOURA JUNIOR	17	ADAC/FUNDES	18	00:43:11	00:43:04	04:18
M1629	5	249	BRUNO NOGUEIRA	27		22	00:43:48	00:43:14	04:19
M1629	6	64	ABNER FELIPE DINIZ COSTA	29		31	00:45:59	00:45:17	04:31
M1629	7	390	PABLO JUNIOR CENTENARO	27		38	00:47:37	00:47:23	04:44
M1629	8	63	VINÍCIUS MELLO	26		53	00:50:07	00:47:34	04:45
M1629	9	129	ALEXANDRE REZENDE RIBEIRO	28		40	00:48:01	00:47:56	04:47
M1629	10	31	VITOR HUGO AJALA	20		45	00:49:25	00:48:04	04:48
M1629	11	104	ANDRÉ OTÁVIO DANIEL DE ALENCASTRO	23		46	00:49:51	00:49:28	04:56
M1629	12	166	DILMAR ESCOBAR	24		60	00:50:46	00:49:40	04:58
M1629	13	218	FABIO ALVES PEREIRA	28	RUNNERS	65	00:51:40	00:50:01	05:00
M1629	14	381	ANDRE DE FARIA LIMA	27		64	00:51:36	00:50:45	05:04
M1629	15	173	LEANDRO	28		73	00:52:34	00:52:00	05:12
M1629	16	250	WILQUE BATISTA PEREIRA	23		74	00:53:15	00:52:03	05:12
M1629	17	22	ARIEL GUIBU	20		77	00:53:32	00:53:09	05:18
M1629	18	18	LUÍS FERNANDO LIMA	27		82	00:54:08	00:53:19	05:19
M1629	19	226	FELLYPE SANDIM VIEIRA	19		87	00:54:56	00:53:33	05:21
M1629	20	181	EDUARDO FERREIRA HORBACH	19		123	01:03:56	01:02:19	06:13
Masculino de 30 até 39 anos									
M3039	1	137	FABRICIO GONÇALVES	34		4	00:36:36	00:36:35	03:39

CORRIDA CHOQUE PARA APURAR

Categoria	Cl. Cat	Num.	Atleta	Idd	Clube	Cl. Ger	Tempo	Líquido	Ritmo
M3039	2	393	DIEGO ARRUDA	34		6	00:37:33	00:37:30	00:00
M3039	3	56	JAILTON EMIDIO DA SILVA	36	ADAC -	12	00:40:45	00:40:42	04:04
M3039	4	204	ALBERTO TADEU VARANI GARCIA	37	BORA CORRER	14	00:41:35	00:41:18	04:07
M3039	5	49	ANDRE SAMPAIO	35		16	00:41:52	00:41:19	04:07
M3039	6	196	EMERSON BATISTA CREPALDI	30	RUNNERS PRÓ	20	00:43:29	00:42:20	04:14
M3039	7	245	JUNIOR NATANAEL DA SILVA	37		25	00:44:28	00:44:21	04:26
M3039	8	200	RONALDO FURTADO BORGES FILHO	39	PREMIERUN	27	00:45:29	00:44:36	04:27
M3039	9	36	RENAN DE MELLO PEREIRA	31		28	00:45:29	00:45:20	04:32
M3039	10	395	MARIO MARCIO SANTANA SANTOS	32		29	00:45:44	00:45:30	04:33
M3039	11	40	TIAGO BERTON	37		30	00:45:45	00:45:30	04:33
M3039	12	145	RODRIGO ALBUQUERQUE DE FIGUEIREDO	35		43	00:48:59	00:48:23	04:50
M3039	13	4	ROBERTO SANTOS DE OLIVEIRA	34		41	00:48:47	00:48:41	04:52
M3039	14	229	WALCY DA SILVA MARTINS	32		63	00:51:28	00:49:20	04:56
M3039	15	121	CESAR BORGES	34	PERCURSO	52	00:50:07	00:49:28	04:56
M3039	16	107	CARLOS ALEXANDRE GONÇALVES	33		48	00:49:52	00:49:30	04:57
M3039	17	219	ANDRE PITASSI SALES	36		62	00:50:51	00:49:41	04:58
M3039	18	120	JOSÉ EDIMAR ALVES DA SILVA	39		56	00:50:16	00:50:02	05:00
M3039	19	52	CESAR DE MATOS	33	GRUPO	66	00:51:41	00:50:08	05:00
M3039	20	205	CAIO LUCA COSTA	31		78	00:53:44	00:51:08	05:06
M3039	21	108	MARCO AURELIO ASSUNÇÃO VENTURA	31	JM RUNNERS	67	00:51:55	00:51:28	05:08
M3039	22	135	RODRIGO ROCHA	30		68	00:52:01	00:51:54	05:11
M3039	23	14	DOUGLAS RODRIGUES	33		76	00:53:29	00:52:21	05:14
M3039	24	248	WILSON DOS SANTOS ZANUNCIO SOBRINHO	31		83	00:54:16	00:52:50	05:17
M3039	25	193	VICENTE NAKAE YOSHIDA	35	YOSHIDA	90	00:55:40	00:53:06	05:18
M3039	26	123	RAFAEL FERREIRA BRASIL TU	35		81	00:54:01	00:53:24	05:20
M3039	27	43	JAIME DE ALMEIDA	37		80	00:53:58	00:53:52	05:23
M3039	28	183	JOHNATHAN	35		85	00:54:48	00:53:57	05:23
M3039	29	214	RAFAEL BARBOSA	35		89	00:55:02	00:53:58	05:23
M3039	30	155	MARCELO FRISOLI	38		91	00:55:41	00:54:41	05:28
M3039	31	185	BRUNO GIORGI	37	TOP RUN	103	00:58:26	00:57:21	05:44
M3039	32	65	BRUNO TIBURCO DE SOUZA	30		100	00:57:28	00:57:28	05:44
M3039	33	117	EDSON CAVALLI GONÇALVES	39	FARTLEK / ADD	107	00:59:12	00:58:02	05:48
M3039	34	62	CARLOS ZILIO TI	34	BEEF RUNNERS	109	00:59:36	00:58:08	05:48
M3039	35	161	JEFFERSON BENICIO GOMES RIBEIRO	34		113	01:00:55	00:58:30	05:51
M3039	36	41	CASTOR ESTIGARRIBIA JUNIOR	33		110	00:59:46	00:59:37	05:57

CORRIDA CHOQUE PARA APURAR

Categoria	Cl. Cat	Num.	Atleta	Idd	Clube	Cl. Ger	Tempo	Líquido	Ritmo
M3039	37	184	GABRIEL BARROS	31		116	01:01:59	00:59:49	05:58
M3039	38	83	EDMILSON	38		120	01:02:27	01:01:23	06:08
M3039	39	283	CRISTIANO PAULO DE OLIVEIRA	36		118	01:02:15	01:01:23	06:08
M3039	40	55	GELDER DA COSTA LIMA	37		133	01:08:25	01:06:28	06:38
M3039	41	15	VALMIR VALDES	39		139	01:12:18	01:10:42	07:04
M3039	42	222	RILDO XAVIER FERREIRA DA COSTA	37		142	01:19:49	01:17:21	07:44

Masculino de 40 até 49 anos

M4049	1	168	ROBERTO WUITSCHIK	41		5	00:37:02	00:36:59	03:41
M4049	2	244	CLAUDIO EINAR MORAES GOMES	49		8	00:38:21	00:38:17	03:49
M4049	3	217	WILLIAM JOSÉ DA SILVA	45	ZAP ZAP	10	00:39:13	00:39:10	03:55
M4049	4	172	JOSUE GENTIL DA SILVA	43	ACORP	11	00:39:27	00:39:27	03:56
M4049	5	223	RICARDO SANTOS	40	PERCURSO	19	00:43:14	00:43:00	04:18
M4049	6	159	MARCOS GERONIMO DA SILVA	44	AMIGOS QUE	21	00:43:45	00:43:35	04:21
M4049	7	96	JOÃO EDUARDO SOUTO MACHADO	46		23	00:44:16	00:43:40	04:22
M4049	8	91	JULIO CESAR ARAGÃO DOS SANTOS	41		34	00:46:14	00:45:03	04:30
M4049	9	169	ANTONIO NEVES	46	PICAPAU	26	00:45:11	00:45:07	04:30
M4049	10	42	NELSON DOS SANTOS	43		32	00:46:05	00:45:42	04:34
M4049	11	92	FABIANO NACASATO CAPPI	40		37	00:47:30	00:47:06	04:42
M4049	12	215	RODRIGO STOCHIERO	40		55	00:50:15	00:47:34	04:45
M4049	13	119	SERIVALDO CARLOS DE ARAUJO	46		42	00:48:48	00:47:50	04:47
M4049	14	45	SÉRGIO HENRIQUE SÁ BRAGA	49		50	00:50:00	00:49:09	04:54
M4049	15	235	MARCELINO RODRIGUES DE SOUZA	48		54	00:50:11	00:49:19	04:55
M4049	16	389	FELIPE PAVÃO	41		59	00:50:39	00:49:52	04:59
M4049	17	61	FRANCISCO MAURICIO SOUZA NETO	49	MAURÍCIO	58	00:50:23	00:50:01	05:00
M4049	18	131	BURTON NEEMIAS CANDIDO DA LUZ	42		69	00:52:04	00:51:27	05:08
M4049	19	198	ALEXANDRE FRESNEDA DE ALMEIDA	42		70	00:52:07	00:51:44	05:10
M4049	20	146	DANIEL MARTINS FARIAS	42		84	00:54:29	00:52:46	05:16
M4049	21	34	ELIEZER	42		75	00:53:26	00:52:50	05:17
M4049	22	177	FLÁVIO	46		79	00:53:48	00:53:21	05:20
M4049	23	203	ANTONIO AGUENA	41	KAMIKAZE	93	00:55:48	00:53:47	05:22
M4049	24	138	HELIO SOUZA	46		88	00:54:58	00:53:56	05:23
M4049	25	231	DARIO CESAR DOS ANJOS	48		95	00:56:21	00:54:13	05:25
M4049	26	77	HELDER	41		97	00:56:43	00:54:26	05:26
M4049	27	253	WALDEMIR MOREIRA JÚNIOR	42	TOP RUN	99	00:57:00	00:54:39	05:27
M4049	28	69	MARCELO JULIANO SANÁVRIA DOS SANTOS	40		94	00:56:11	00:55:20	05:32

CORRIDA CHOQUE PARA APURAR

Categoria	Cl. Cat	Num.	Atleta	Idd	Clube	Cl. Ger	Tempo	Líquido	Ritmo
M4049	29	240	ADEMAR RODRIGUES CAVALCANTE ADEMAR	40		96	00:56:35	00:55:42	05:34
M4049	30	6	RIGOBERTO OLIVEIRA	44		98	00:56:52	00:56:20	05:38
M4049	31	72	ANTONIO CARLOS TAIRA	48		101	00:57:49	00:57:08	05:42
M4049	32	66	ADÃO LUIZ DE JESUS ALMIRON	48		104	00:58:35	00:57:59	05:47
M4049	33	95	MARIO JESUS DA LUZ BARBOSA	46		105	00:58:47	00:58:09	05:48
M4049	34	189	ARIOVALDO TOLEDO PENTEADO JUNIOR	41	ARIOVALDO	115	01:01:03	00:59:19	05:55
M4049	35	220	LUCIANO FARIA	44		114	01:00:58	00:59:26	05:56
M4049	36	209	WALTER LISBOA DA SILVA JUNIOR	46		112	01:00:53	01:00:05	06:00
M4049	37	51	ANDERSON TADASHI TOKUY	40		121	01:02:33	01:00:43	06:04
M4049	38	133	WILTON CORDEIRO GUEDES	42		117	01:02:01	01:02:01	06:12
M4049	39	144	CELIO SOUZA	41		124	01:03:57	01:02:08	06:12
M4049	40	102	KILVIO DE OLIVEIRA	45		126	01:04:45	01:03:14	06:19
M4049	41	76	LUCIANO MENIN	43	RUN4LIVE	128	01:05:44	01:03:26	06:20
M4049	42	141	DAVI MIRANDA	40		127	01:05:34	01:03:41	06:22
M4049	43	174	PEDRO CEZAR MAGNO JUNIOR	47		129	01:07:19	01:04:51	06:29
M4049	44	398	CACILDA A.S.KMNW	46		132	01:07:41	01:05:49	06:34
M4049	45	210	CLEO MATUSIAK MAZZOTTI	43		135	01:08:49	01:06:54	06:41
M4049	46	239	MAURO CORSINI REZENDE DA COSTA	40		131	01:07:41	01:07:32	06:45
M4049	47	230	MARCO ANTONIO DE LIMA RODRIGUES	49	EQUIPE	136	01:09:30	01:08:09	06:48
M4049	48	11	CLAUDINEY PEDREIRA	47		138	01:11:01	01:08:41	06:52
M4049	49	35	LUCIANO RODRIGUES DE OLIVEIRA	40		137	01:10:54	01:10:19	07:01
M4049	50	143	JENNER FERREIRA	48	PICA-PAU	140	01:14:06	01:13:35	07:21

Masculino de 50 até 59 anos

M5059	1	105	ANTONIO DOS SANTOS	55		13	00:40:57	00:40:38	04:03
M5059	2	227	ARNALDO OLIVEIRA	53		17	00:42:55	00:42:52	04:17
M5059	3	20	EMIDIO GONCALVES ALVES	58		33	00:46:13	00:45:39	04:33
M5059	4	67	NAPOLEÃO ELENO SOUZA MENDES	58		36	00:46:43	00:45:54	04:35
M5059	5	37	FRANCISCO JOSE DA SILVA	53	PICA PAU	39	00:47:41	00:47:35	04:45
M5059	6	5	RENATO CAMILLO	51		57	00:50:21	00:48:04	04:48
M5059	7	202	WALDIR APARECIDO TAQUES	57		47	00:49:51	00:49:37	04:57
M5059	8	167	ROGÉRIO MORAIS DE MENESES	51		51	00:50:05	00:49:57	04:59
M5059	9	149	MARCELO NELSON FERMINO DA SILVA	50		61	00:50:49	00:50:15	05:01
M5059	10	98	JOSÉ GERALDO BARCOS OLIVER	57		72	00:52:29	00:52:02	05:12
M5059	11	150	ROBERTO UNGERER	50		86	00:54:53	00:53:40	05:22

CORRIDA CHOQUE PARA APURAR

Categoria	Cl. Cat	Num.	Atleta	Idd	Clube	Cl. Ger	Tempo	Líquido	Ritmo
M5059	12	188	MOACIR FERREIRA	55		92	00:55:42	00:55:23	05:32
M5059	13	182	GETÚLIO SENA DO REGO FILHO	53	INDIVIDUAL	102	00:57:54	00:57:46	05:46
M5059	14	175	DARCI FERREIRA PIMENTEL	50		106	00:58:56	00:57:56	05:47
M5059	15	126	SÉRGIO TATSUO AKIEDA	58		119	01:02:20	01:01:12	06:07
M5059	16	228	ARMANDO VIEIRA DE ALMEIDA	52		125	01:04:19	01:01:46	06:10
M5059	17	397	RICARDO VARGAS	53		130	01:07:41	01:05:47	06:34
M5059	18	176	LUIZ HENRIQUE DE SOUZA	53		134	01:08:42	01:06:44	06:40
M5059	19	3	LUIZ ALBERTO SOARES COSTA	51		141	01:17:01	01:16:41	07:40

Masculino de 60 acima

M6099	1	48	DERCI GONÇALVES	61		24	00:44:20	00:44:11	04:25
M6099	2	19	CELSO GUIBU	63		35	00:46:42	00:46:37	04:39
M6099	3	8	MONIZ PADILHA LEAL	67	MONIZ	44	00:49:10	00:49:06	04:54
M6099	4	54	AUGUSTO CANDIDO DA SILVA	62		49	00:49:55	00:49:40	04:58
M6099	5	97	OSVALDO PEREIRA	61		71	00:52:26	00:52:00	05:12
M6099	6	164	ARAMIS GALEANO BRANDAO	69		108	00:59:18	00:58:20	05:50
M6099	7	110	RUI CAVALHEIRO BARBOSA	64		111	01:00:07	00:58:47	05:52
M6099	8	171	EDISON PAULA DOS SANTOS	76		122	01:03:00	01:02:51	06:17

Feminino de 16 até 29 anos

F1629	1	106	JODELI DE OLIVEIRA BORCHARTT	28	JM RUNNERS	6	00:51:54	00:51:27	05:08
F1629	2	192	SUZANA BATISTA FERREIRA	23		8	00:52:10	00:52:07	05:12
F1629	3	17	NATÁLIA GONZALEZ	21		13	00:54:07	00:53:17	05:19
F1629	4	124	SOYLA SILVEIRA	28		29	01:02:20	01:01:29	06:08
F1629	5	87	BRUNA DOS SANTOS SILVA BENAGLIA	27		28	01:02:17	01:01:33	06:09
F1629	6	115	SUELEN	28		40	01:08:05	01:06:02	06:36
F1629	7	221	SAMARA FARDIM SIQUEIRA SPERANZA FERREIRA E SILVA	29		46	01:08:51	01:06:44	06:40
F1629	8	201	THAMIRIS DE OLIVEIRA	26		53	01:19:48	01:17:59	07:47

Feminino de 30 até 39 anos

F3039	1	134	VALERIA COLMAN DE OLIVEIRA HOKAMA DOS ANJOS	34		4	00:50:44	00:50:36	05:03
F3039	2	113	NAIADY DOS SANTOS MARTINS	30		7	00:52:03	00:51:55	05:11
F3039	3	225	LUCIANA DOS SANTOS BENITES	36		16	00:54:56	00:54:37	05:27
F3039	4	93	TATIANA MARIA DA COSTA GUERRA	34		17	00:56:02	00:55:38	05:33
F3039	5	197	ELIANE OLIVEIRA PERES DE SOUZA	32		20	00:57:29	00:56:28	05:38
F3039	6	70	EVELYN MENDES	37		24	00:59:45	00:58:56	05:53
F3039	7	103	TATIANA SARMENTO	30		30	01:03:27	01:02:19	06:13

CORRIDA CHOQUE PARA APURAR

Categoria	Cl. Cat	Num.	Atleta	Idd	Clube	Cl. Ger	Tempo	Líquido	Ritmo
F3039	8	180	GLEICE KELLY	31	BOA FORNA	34	01:06:11	01:05:16	06:31
F3039	9	195	VICTORIA DELVIZIO	35		36	01:06:22	01:05:24	06:32
F3039	10	237	STEFANY MENDONZA	33		39	01:06:43	01:05:35	06:33
F3039	11	9	CELENE BRITO	37		38	01:06:31	01:06:31	06:39
F3039	12	29	SAMARA GLAGAU CAMPITELLI	32		44	01:08:31	01:07:35	06:45
F3039	13	116	DAYANE LOPES DA SILVA	35		42	01:08:24	01:07:52	06:47
F3039	14	224	FRANCISLENE GUIMARÃES DE SOUZA FERREIRA DA COSTA	39		54	01:19:49	01:17:21	07:44

Feminino de 40 até 49 anos

F4049	1	1	RENATA GOYA	42	KAMIKAZE	5	00:51:47	00:51:34	05:09
F4049	2	90	NEIBA OTA	43		9	00:53:28	00:53:20	05:20
F4049	3	186	LUCIMAR CANGUSSU DE SOUZA PORTIERI	46		14	00:54:14	00:53:46	05:22
F4049	4	75	NETE MARIANO	41		12	00:54:06	00:53:55	05:23
F4049	5	13	ECHEVERRIA	43	CORRA	15	00:54:35	00:54:12	05:25
F4049	6	79	KATHELEEN TAIRA DE MEDEIROS	42		18	00:56:08	00:55:03	05:30
F4049	7	160	JOSILENE TEIXEIRA TONIOLLI	43	ERCURSO	19	00:56:31	00:56:05	05:36
F4049	8	7	MARIA BEATRIZ	40		21	00:57:30	00:57:04	05:42
F4049	9	399	LUCINETT J.DA SILVA BATISTA	42		22	00:57:48	00:57:36	05:45
F4049	10	94	NARA DOS REIS FERREIRA	48		25	01:00:13	01:00:02	06:00
F4049	11	80	RENI AYARDES DE MELO	40		27	01:01:33	01:01:11	06:07
F4049	12	86	REYNATA	43		31	01:04:16	01:04:16	06:25
F4049	13	191	THAISA RAQUEL MEDEIROS DE ALBUQUERQUE DEFANTE	40		35	01:06:17	01:04:48	06:28
F4049	14	44	ANDRÉA PEREIRA NARDON BRAGA	42		43	01:08:26	01:06:52	06:41
F4049	15	232	ANA ELISA GOMES LOUREIRO	44		45	01:08:50	01:07:22	06:44
F4049	16	127	MARISTELA	49		48	01:09:45	01:09:04	06:54
F4049	17	158	ANA CLAUDIA ROCHA GERONIMO	41	AMIGOS QUE	47	01:09:45	01:09:20	06:56
F4049	18	194	CATIANA SABADIN ZAMARRENHO	43		51	01:12:13	01:11:29	07:08
F4049	19	190	TEREZINHA GARCIA DA ROSA - TEKA	48	CORRA	50	01:12:13	01:11:30	07:09
F4049	20	2	PATRICIA COSTA	40	FARTLEK	52	01:17:02	01:16:42	07:40

Feminino de 50 até 59 anos

F5059	1	396	EVA ROMAN DOS SANTOS	52		11	00:53:51	00:53:40	05:22
F5059	2	211	MARCIA APARECIDA DA SILVA	53		23	00:59:21	00:57:38	05:45
F5059	3	16	MARCIA JACQUELINE SOARES SOTTO	54	GRUPO DE	26	01:00:26	01:00:14	06:01
F5059	4	243	SELMA GENTIL DA NÓBREGA	53		32	01:04:35	01:04:17	06:25
F5059	5	165	ANA REGINA DE MIRANDA BRANDAORE	59		37	01:06:26	01:05:28	06:32

CORRIDA CHOQUE PARA APURAR

Categoria	Cl. Cat	Num.	Atleta	Idd	Clube	Cl. Ger	Tempo	Líquido	Ritmo
F5059	6	33	AGNA MARCIA SEVERINO MIRANDA	52		41	01:08:16	01:07:15	06:43
F5059	7	122	ZÉLIA MATIAS BARBOSA MOREIRA	52		49	01:09:58	01:09:37	06:57

Feminino de 60 acima

F6099	1	60	IRENE JOSÉ CARDOSO	60		10	00:53:45	00:53:36	05:21
F6099	2	128	NILZA LUCENA DO NASCIMENTO	65		33	01:05:23	01:05:23	06:32